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**Tsatsiki Sauce**

Remaining container plain lowfat Greek yogurt

1 cucumber, peeled and roughly chopped

2-3 cloves of garlic, smashed

Juice of one lemon

Large handful of fresh herbs (mint, parsley, dill, or a combination)

Salt and pepper to taste

Combine all ingredients in a food processor or blender or mix by hand. Adjust seasonings as desired.